

Many people make resolutions for the New Year—Help the PSI Community increase its commitment to the ideals of **REDUCE, REUSE, RECYCLE** in 2010!

The Waste Free Lunchbox:

- **Pack school lunches in a reusable (washable helps!) lunchbox.**
- **Pack foods in reusable containers.**
 - Ziploc, Tupperware & Rubbermaid are some examples of plastic containers that can be washed and reused on a regular basis.
 - Consider purchasing a Thermos for days when soup or warmed up leftovers will hit the spot.
 - Reusable bags (typically made of cotton and nylon) are available on many websites and sometimes in Co-ops. They typically can be hand-washed or thrown in the washing machine.
- **Make a commitment to reusable drink containers/bottles.**
 - Avoid the waste (and expense!) of single use water bottles, juice boxes & juice pouches.
 - Discount stores, grocery stores, outdoor/fitness stores all carry leak proof, washable water bottles.
 - Look for bottles that say “BPA free” for the healthiest plastic alternative.
 - Sigg (mysigg.com) and Kleen Kanteen (www.kleankanteen.com) are two brands that produce non-plastic drink containers.
- **Send reusable, washable utensils with your child’s lunch.**
 - Purchasing sturdy plastic or metal utensils that can be washed and reused greatly reduces the use of plastic, disposable utensils.
- **Consider using cloth napkins instead of paper towel or paper napkins.**

Web Resources:

Looking for more information about Waste Free Lunches? Interested in lunchbox supplies? We’ve included some web resources.

wastefreelunches.org

www.reusablebags.com

www.laptoplunches.com

www.ecoditty.com

www.reusies.com

www.nubiusorganics.com

www.snacktaxi.com

www.imorganic.com

www.getngreen.com

www.co.washington.mn.us/client_files/.../phe/.../SHW-EPPW-ISD834.pdf (food waste recycling)

If you have a resource you'd like to share with the PSI Community, please contact Chris Glisczinski @ spcg@juno.com